



ÉCOLE MANACHABAN MIDDLE SCHOOL

Grade 7 Option Courses

2019-2020

Discuss this pamphlet carefully with your parent(s) before finalizing your preferred choices. Choose something that interests and consider possible connections to real life. It is a chance to try something that you may not have ever tried, or it may be something that you are passionate about.

Most courses are divided into 25 hour modules that take three (3) months or one reporting period to complete. **Band** and **P3 Hockey Academy** are full year courses.

Band – Concert Band

(Block B)

FULL YEAR

Prerequisite: Grade 6 Band or approval of the instructor.
Fee: \$210.00 for students who rent a Rocky View instrument (includes \$50.00 caution fee)
\$30.00 Percussion instrument rental
\$30.00 for printed music and/or books (all students).
Objectives: This course is a continuation of the program which started in Grade 7. Students will further develop technical skills and the ability to read more advanced music. A variety of music will be explored including marches, lyrical/ballads, standard concert band/festival list repertoire, latin, rock and popular tunes. They will continue to develop confidence in performing as a group for the school and outside of the school. Some students from this course are eligible to participate in our extracurricular Jazz Band group.
NOTE: Grade 7 Band students participate in a band camp in March, a Festival in the spring and two (2) evening concerts at Manachaban (December and June).
Homework: Students are encouraged to practice at home and are required to attend occasional extra rehearsals when needed.
Evaluation: Students are evaluated on performance assignments (scales, technical exercises, repertoire excerpts), in-class performance, theory concepts and concert performances.
Required Materials: Pencil and instrument with required accessories.

P3 Hockey Academy

(Block A)

FULL YEAR

Fee: \$3246.80
Prerequisite: Approval from P3 Sports Academy.
Objectives: For a full program description, please visit <http://www.p3training.ca/cha/>.

CTS – Coding I, II and III

(Block A)

TERM 1, 2 or 3

Fee: \$10
Objectives: Students will learn the basics of computer coding. No experience necessary! Students will create simple programs and games (including programming robots) while learning the key vocabulary of the coding world.
Evaluation: Students are evaluated on class participation as well as mini projects.
Required Materials: Notebook and pen.

Study Skills

(Block B)

TERM 1, 2 or 3

This course will be offered in all three terms. Students may request to take this course in more than one term if desired.
Fee: N/A
Objectives: Students will work on goal setting to and will explore different ways of learning, knowing, and organizing. The students will then have the opportunity to work on their assigned work and homework.

FSL 7 – French as a Second Language		(Block A)
Term 1, 2 or 3	We are offering FSL in each of the three terms.	
Prerequisite:	Grade 6 French. This is a continuation of the FSL program begun in Grades 4, 5 and 6.	
Fee:	N/A	
Objectives:	To communicate in oral and written French and to develop cultural and language awareness and skills. To develop general language learning skills.	
Evaluation:	Students will be evaluated on the application of the knowledge and skills learned in the topics/themes as required in the Alberta Program of Studies. Students will also be evaluated through tests, quizzes and projects.	
Required Materials:	Binder (or a section in a binder), pens, 8 dividers, French/English dictionary (ex: Robert/Collins)	

Business- Leadership		(Block A)
TERM 1, 2 or 3		
Fee:	\$10.00	
Objectives:	The students will learn personal and team responsibility; problem solving; how to organize and promote an event; how to work well with others; what leadership means; how to set goals and plans; the importance of trust, honesty and reliability and other characteristics necessary in a leader.	
Evaluation:	Students will be evaluated based on their participation in student-led events, projects done in class and reflections on activities completed throughout the term.	
Required Materials:	Pencil, notebook (binder or duo tang), pen and agenda, art supplies (colored pencils, markers, etc.)	

Business- Film Studies		(Block B)
TERM 1, 2 or 3		
Fee:	\$10.00	
Objectives:	If you love different types of movies and would like to explore the elements used by film makers to capture our imaginations, then FILM STUDIES 7 may be an option for you! Students will watch and analyze several films chosen by the teacher. They will have the opportunity to explore elements of film used by film makers to capture the audience.	
Evaluation:	Students will use knowledge acquired in class to create a film review using a variety of mediums.	
Required Materials:	Pencil, notebook	

Performing Arts - Drama		(Block B)
TERM 1, 2 or 3		
Fee:	N/A (additional cost for field trips may be anticipated for this course)	
Objectives:	Explorations in personal creativity and based on creative drama activities including games, movement, improvisation, tableaux and short skits. Students will be required to present multiple skits and participate in games dealing with improvisational skills. Please note that performance is a mandatory component of this course.	
Evaluation:	Students will be evaluated based on their participation in class activities as well as the development of their skills throughout the term.	
Required Materials:	Duotang and highlighter	

Business – Travel & Tourism		(Block A)
TERM 1		
Fee:	\$10.00	
Objectives:	Students will learn and develop an understanding of the Tourism industry as it relates to the Alberta economy and the world. Students will also gain an understanding of some of the major tourism industries including guest services, accommodations and travel.	
Evaluation:	Students will be evaluated on oral presentations, written assignments and possibly a research presentation (i.e., Tacky Tourist presentations).	
Required Materials:	Notebook and pen.	

Shop – Metal Key Chains		(Block A and Block B)
TERM 1		
Fee:	\$31.00	
Objectives:	Students will use basic metal working tools to build an aluminium Key Chain. Safe handling, care and maintenance of tools will be taught.	
Evaluation:	Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.	
Required Materials:	Pencil, pen, ruler, duotang and geometry set.	

Music- Choir		(Block A)
TERM 1		
Fee:	n/a	
Objectives:	If you love to sing, this option is for you. You will learn about how to warmup your voice, proper breathing and posture. Song repertoire will include popular music, songs for remembrance day, and Christmas. Students will sing in both unison and two parts.	
Required Materials:	pens, pencils, ruler, duotang, geometry set and shoe box	

Foods – Breakfast Basics		(Block A)
TERM 1		
Fee:	\$26.00	
Objectives:	Is breakfast the most important meal of the day? During this class, students will examine the health benefits a healthy breakfast can provide and will prepare a number of quick and healthy breakfast recipes.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	

PE Enrichment – Obstacle Racing		(Block A)
TERM 1		
Fee:	Costs for field trips can be anticipated for this course.	
Objectives:	Do you enjoy fitness activities, getting muddy, and designing challenges? If you answered yes to these questions then OBSTACLE RACING is for you. You will be designing, building, training, competing and running obstacle courses. Be prepared to have fun working out.	
Evaluation:	Student will be assessed on participation, assignments and game skill.	
Required Materials:	Notebook and outdoor clothing to meet weather conditions.	

Art 7 – Sculpture		(Block B)
TERM 1		
Fee:	\$15.75	
Objectives:	Students will learn sculptural skills using a variety of materials to create three to five three-dimensional projects over the course of the term.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual and group projects.	
Required Materials:	Pencil, white glue, scissors	

Foods – Food and Nutrition Basics		(Block B)
TERM 1		
Fee:	\$26.00	
Objectives:	Students learn which foods are crucial to wellness; how such foods affect current performance and future health, and discover how to choose and prepare nutritious tasty food.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duo tang and pen (aprons and food storage/take-away containers optional).	

Art – Cross-Stitch		(Block A)
TERM 2		
Fee:	\$15.75	
Objectives:	Students will learn the basics of cross-stich to create their own projects.	
Evaluation:	The assessment of student achievement will be based the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser, binder, ruler.	

CTF - iWrite		(Block A)
TERM 2		
Fee:	n/a	
Objectives:	Do you like writing? Anything goes in this option: journals, scrapbooking, short story writing, script writing, video game writing, etc. We can't wait to see what you come up with. In this course, students will be working on self directed projects. They will set goals at the beginning, check in at the halfway point and reflect at the end of the class. Students will also be researching a career in writing.	
Required Materials:	Pencil, eraser, binder, ruler.	

Art – Environmental Art		(Block A)
TERM 2		
Fee:	\$26.00 (additional cost for field trips may be anticipated for this course).	
Objectives:	Students will be able to collect and use natural materials found right here in Cochrane (such as drift wood, willow branches, etc.) to make a variety of crafts.	
Evaluation:	The assessment of student achievement will be based the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser, binder, ruler.	

Foods – Baking Basics		(Block A and Block B)
TERM 2		
Fee:	\$26.00	
Objectives:	Students will develop an understanding of baking ingredients by combining them in a variety of ways to make cookies, cakes, quick breads, and pastries.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	

Business – Relationships		(Block A)
TERM 2		
Fee:	\$10.00 (plus any costs associated with the development of the business such as raw materials).	
Objectives:	Groups or individuals will create their own business! After developing a business plan, the company will go into action. This term will focus on Relationships. Students will create partnerships, learn to network and help their business communities.	
Evaluation:	Students will be evaluated on completing a predetermined number of hours of volunteer work and presenting on their experience.	
Required Materials:	Notebook and pen.	

Art 7 – Visual Journals		(Block B)
TERM 2		
Fee:	\$15.75	
Objectives:	Students will each be given a personal visual journal and will use it to create a variety of two-dimensional projects on a variety of themes.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, pencil crayons, water-soluble markers, white glue, glue stick, ruler	

Shop 7 – Scroll Saw**(Block B)****TERM 2****Fee:** \$31.00

Objectives: Students will use mostly hand tools to change common types of wood into useful products. Safe handling, care and maintenance of tools will be taught. Woodworking is an Options course designed to give all students, at any skill level, the opportunity to build something to be proud of. The students may create projects such as candle holders, bird houses, planter boxes, step stools, jewelry boxes, aluminum key chains, etc.! Students will have the opportunity to learn how to operate a variety of power tools.

Evaluation: Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.

Required Materials: pencil, pen, ruler, duotang and geometry set

Foods – Snacks-to-Go**(Block A)****TERM 3****Fee:** \$26.00

Objectives: Our lives are busy and the reality is that we often don't have time to eat except when we are on the go. During this class, students will learn how to make healthier food decisions when out and about and how to plan and prepare healthy to-go snacks and recipes.

Evaluation: Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.

Required Materials: Binder or duotang and pen (aprons and food storage/take-away containers optional).

PE Enrichment 8 – Golf and Baseball**(Block A)****TERM 3**

Fee: Costs for field trips are anticipated for this course.

Objectives: This option is a mix of Baseball and golf! The introduction to Baseball, Fast Pitch and Slow Pitch will teach students the basics of each "style" of game. The introduction to Golf will teach the basics of the golf etiquette as well as alternative golf games (i.e., scramble and match play).

Evaluation: Students will be evaluated based on participation, quizzes and golf etiquette.

Required Materials: Golf clubs for field trips.

Evaluation: A rubric will be developed to evaluate students and assess completed projects.

Required Materials: Notebook and pencil.

Business – Environment**(Block A)****TERM 3**

Fee: \$10.00 (plus any costs associated with the development of the business such as raw materials).

Objectives: Groups or individuals will create their own business! After developing a business plan, the company will go into action. This term will focus on the environment. Students must answer the question "How can we combat problems in our environment?" and indicate how their business will work to actively bring a change for the better.

Evaluation: Students will be evaluated on their participation in an Environmental Fair, explaining how their business has made a positive impact on the environment.

Required Materials: Notebook and pen.

Music- Solo/Small Ensemble Performance**(Block A)****TERM 3**

Fee: n/a

Objectives: This class will provide the students with the opportunity to play solos or perform in small ensembles (duets, trios, quartets) with other students. Some music will be provided, and there will be opportunity to find additional pieces of interest to the groups. Students may choose to perform in the Spring concert in June.

Required Materials: Concert Band instrument

Shop – Beach Chairs		(Block A)
TERM 3		
Fee:	\$31.00	
Objectives:	Students will use mostly hand tools to change common types of wood into beach chairs. Safe handling, care and maintenance of tools will be taught. Woodworking is an Options course designed to give students the opportunity to build wooden projects. Students will have the opportunity to learn how to operate a number of power tools.	
Evaluation:	Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.	
Required Materials:	Pencil, pen, ruler, duotang and geometry set.	

Art 7 – Painting		(Block B)
TERM 3		
Fee:	\$15.75	
Objectives:	Students will learn the fundamentals of painting using acrylic and watercolour paints. A variety of subjects will be painted and the differences between the two types of paint will be examined.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser, ruler	

Shop 7 – Rocket Building		(Block B)
TERM 3		
Fee:	\$31.00	
Objectives:	Using basic skills and balsa wood materials, students will construct a one-stage Rocket. Near the end of the course, students will be able to show off and “fire” their projects! This class is largely based around aerodynamics and the laws of physics.	
Evaluation:	Students will be assessed on the quality and completion of their project, quizzes and class participation.	
Required Materials:	pens, pencils, ruler, duotang, geometry set and shoe box	

Foods 7 – Meal Planning		(Block B)
TERM 3		
Fee:	\$26.00	
Objectives:	Students begin to develop an understanding of planning, preparation and evaluation of balanced healthy meals.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional)	



ÉCOLE MANACHABAN MIDDLE SCHOOL

Grade 8 Option Courses

2019-2020

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Most courses are divided into 25 hour modules that take three (3) months or one reporting period to complete. **Band** and **P3 Hockey Academy** are full year courses.

Band – Concert Band

(Block B)

FULL YEAR

Prerequisite:	Grade 7 Band or approval of the instructor.
Fee:	\$210.00 for students who rent a Rocky View instrument (includes \$50.00 caution fee) \$30.00 Percussion instrument rental \$30.00 for printed music and/or books (all students).
Objectives:	This course is a continuation of the program which started in Grade 7. Students will further develop technical skills and the ability to read more advanced music. A variety of music will be explored including marches, lyrical/ballads, standard concert band/festival list repertoire, latin, rock and popular tunes. They will continue to develop confidence in performing as a group for the school and outside of the school. Some students from this course are eligible to participate in our extracurricular Jazz Band group. NOTE: Grade 8 Band students may participate in a Band Camp in March, a Festival in the spring and two (2) evening concerts at Manachaban in December and June.
Homework:	Students are encouraged to practice at home and are required to attend occasional extra rehearsals when needed.
Evaluation:	Students are evaluated on performance assignments (scales, technical exercises, repertoire excerpts), in-class performance, theory concepts and concert performances.
Required Materials:	Pencil and instrument with required accessories.

P3 Hockey Academy

(Block A)

FULL YEAR

Fee:	\$3246.80
Prerequisite:	Approval from P3 Sports Academy.
Objectives:	For a full program description, please visit http://www.p3training.ca/cha/ .

CTS – Coding I, II and III

(Block A)

TERM 1, 2 or 3	This elective course will be offered in all three terms. Students may request to take this course in more than one term if desired.
Fee:	\$10
Objectives:	Students will learn the basics of computer coding. No experience necessary! Students will create simple programs and games (including programming robots) while learning the key vocabulary of the coding world.
Evaluation:	Students are evaluated on class participation as well as mini projects.
Required Materials:	Notebook and pen.

Study Skills

(Block B)

TERM 1, 2 or 3	This course will be offered in all three terms. Students may request to take this course in more than one term if desired.
Fee:	N/A
Objectives:	Students will work on goal setting to and will explore different ways of learning, knowing, and organizing. The students will then have the opportunity to work on their assigned work and homework.
Required Materials:	Any and all materials associated with project to be completed.



FSL 8 – French as a Second Language		(Block A)
TERM 1, 2 or 3	While FSL is offered in all three terms, it is not mandatory that a student register for all three. Any non-French Immersion students who wish to participate in the Quebec Trip however, MUST register for at least Term 3 (it is highly recommended that they register in ALL three terms).	
Prerequisite:	Grade 7 FSL or equivalent	
Fee:	\$5	
Objectives:	To continue developing French language skills through listening, speaking, reading and writing in a number of selected themes.	
Evaluation:	Students will be evaluated via a rubric and exemplar evaluation of listening and reading comprehension as well as spoken and written production in accordance with the Alberta Program of Studies. Students will also be evaluated via tests, quizzes and projects.	
Required Materials:	Binder, paper, pencil, pen, scissors, glue and pencil crayons.	

Business- Leadership		(Block A)
TERM 1, 2 or 3		
Fee:	\$10.00	
Objectives:	The students will learn personal and team responsibility; problem solving; how to organize and promote an event; how to work well with others; what leadership means; how to set goals and plans; the importance of trust, honesty and reliability and other characteristics necessary in a leader.	
Evaluation:	Students will be evaluated based on their participation in student-led events, projects done in class and reflections on activities completed throughout the term.	
Required Materials:	Pencil, notebook (binder or duotang), pen and agenda, art supplies (colored pencils, markers, etc.)	

Business – Travel & Tourism		(Block A)
TERM 1		
Fee:	\$10.00	
Objectives:	Students will learn and develop an understanding of the Tourism industry as it relates to the Alberta economy and the world. Students will also gain an understanding of some of the major tourism industries including guest services, accommodations and travel.	
Evaluation:	Students will be evaluated on oral presentations, written assignments and possibly a research presentation (i.e., Tacky Tourist presentations).	
Required Materials:	Notebook and pen.	

Shop – Metal Key Chains		(Block A)
TERM 1		
Fee:	\$31.00	
Objectives:	Students will use basic metal working tools to build an aluminium Key Chain. Safe handling, care and maintenance of tools will be taught..	
Evaluation:	Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.	
Required Materials:	Pencil, pen, ruler, duotang and geometry set.	



Music- Choir		(Block A)
TERM 1		
Fee:	n/a	
Objectives:	If you love to sing, this option is for you. You will learn about how to warmup your voice, proper breathing and posture. Song repertoire will include popular music, songs for remembrance day, and Christmas. Students will sing in both unison and two parts.	
Required Materials:	pens, pencils, ruler, duotang, geometry set and shoe box	
Foods – Breakfast Basics		(Block A)
TERM 1		
Fee:	\$26.00	
Objectives:	Is breakfast the most important meal of the day? During this class, students will examine the health benefits a healthy breakfast can provide and will prepare a number of quick and healthy breakfast recipes.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	
PE Enrichment – Obstacle Racing		(Block A)
TERM 1		
Fee:	Costs for field trips are anticipated for this course.	
Objectives:	Do you enjoy fitness activities, getting muddy, and designing challenges? If you answered yes to these questions then OBSTACLE RACING is for you. You will be designing, building, training, competing and running obstacle courses. Be prepared to have fun working out.	
Evaluation:	Student will be assessed on participation, assignments and game skill.	
Required Materials:	Notebook and outdoor clothing to meet weather conditions.	
PE Enrichment – Cyclo-cross		(Block B)
TERM 1		
Fee:	Costs for field trips are anticipated for this course.	
Objectives:	Are you interested in learning the basics of cyclo-cross? We will work on the amazing skills and drills of the sport...and maybe even work up towards participation in the Cochrane Race!	
Evaluation:	Student will be assessed on participation.	
Required Materials:	Cyclo-cross or mountain bike	
CTF – Digital Photography/Publishing		(Block B)
TERM 1		
Fee:	\$20.00	
Objectives:	Students will learn to use different publishing software such as Yearbook software, iPhoto and iMovie. In order to help with finishing the yearbook and assisting with newsletters and announcements, students will learn to take pictures using digital cameras then edit the pictures using editing software.	
Evaluation:	A rubric will be developed to evaluate students and assess completed projects.	
Required Materials:	USB, notebook and pen	



Art – Mixed Media Art		(Block B)
TERM 1		
Fee:	\$15.75	
Objectives:	Students will do art using a variety of materials. Students will start with tape sculptures, and then move on to 2D and 3D collages before ending the term with a project of choice.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual projects as well as in-class performance.	
Required Materials:	Scissors, pencil, pencil crayons, felt pens, eraser and ruler.	

Foods – Food and Nutrition Basics		(Block B)
TERM 1		
Fee:	\$26.00	
Objectives:	Students learn which foods are crucial to wellness; how such foods affect current performance and future health, and discover how to choose and prepare nutritious tasty food.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	

CTF – Architecture		(Block B)
TERM 1		
Fee:	\$15.75	
Objectives:	Students will learn the basics of architecture in order to design their projects. They will use computer programs and will also learn how to design by hand.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser and ruler.	

Art – Cross-Stitch		(Block A)
TERM 2		
Fee:	\$15.75	
Objectives:	Students will learn the basics of cross-stich to create their own projects.	
Evaluation:	The assessment of student achievement will be based the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser, binder, ruler.	

CTS - iWrite		(Block A)
TERM 2		
Fee:	n/a	
Objectives:	Do you like writing? Anything goes in this option: journals, short story writing, script writing, video game writing, scrapbooking, etc. We can't wait to see what you come up with. In this course, students will be working on self-directed projects. They will set goals at the beginning, check in at the halfway point and reflect at the end of the class. Students will also be researching a career in writing.	
Required Materials:	Pencil, eraser, binder, ruler.	



Art – Environmental Art		(Block A)
TERM 2		
Fee:	\$26.00 (additional cost for field trips may be anticipated for this course).	
Objectives:	Students will be able to collect and use natural materials found right here in Cochrane (such as drift wood, willow branches, etc.) to make a variety of crafts.	
Evaluation:	The assessment of student achievement will be based the demonstration of basic skills and production of individual projects.	
Required Materials:	Pencil, eraser, binder, ruler.	

Foods – Baking Basics		(Block A)
TERM 2		
Fee:	\$26.00	
Objectives:	Students will develop an understanding of baking ingredients by combining them in a variety of ways to make cookies, cakes, quick breads, and pastries.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	

Business – Relationships		(Block A)
TERM 2		
Fee:	\$10.00 (plus any costs associated with the development of the business such as raw materials).	
Objectives:	Groups or individuals will create their own business! After developing a business plan, the company will go into action. This term will focus on Relationships. Students will create partner-ships, learn to network and help their business communities.	
Evaluation:	Students will be evaluated on completing a predetermined number of hours of volunteer work and presenting on their experience.	
Required Materials:	Notebook and pen.	

Foods – Canadian Heritage Cuisine		(Block B)
TERM 2		
Fee:	\$26.00	
Objectives:	Students will become aware of how food in Canada today reflects the country’s history and origins by examining food patterns and customs, and by analyzing and preparing ethnic foods.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	

Art – Multi-Cultural Art		(Block B)
TERM 2		
Fee:	\$15.75	
Objectives:	Students will explore a variety of art techniques from various cultural backgrounds to produce 3 to 4 projects over the term. Projects will include a “Day of the Dead” mask, a batik project, and Ukrainian eggs.	
Evaluation:	The assessment of student achievement will be based on the demonstration of basic skills and production of individual projects as well as in-class performance.	
Required Materials:	Pencil, eraser and ruler.	



Art- Claymation		(Block B)
TERM 2		
Fee:	\$15.75	
Objectives:	In the course we will be exploring both animation (through the creation of clay figures) as well as film in a relaxed and fun/challenging environment. This option is for you to be as creative and unique as you want to be. You will be able to create your own short Claymation film by the end of this term and take pride in every aspect as you have built and created all parts to your short film.	
Evaluation:	The success of you as a student is your ability to stay on task during class and complete assigned tasks each period as outlined.	
Required Materials:	Notebook and pencil.	

Shop – Garden Boxes		(Block B)
TERM 2		
Fee:	\$31.00	
Objectives:	Students will use mostly hand tools to build garden boxes, and will learn the basics of horticulture. Safe handling, care and maintenance of tools will be taught. Woodworking is an Options course designed to give students the opportunity to build wooden projects. Students will have the opportunity to learn how to operate a number of power tools.	
Evaluation:	Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.	
Required Materials:	Pencil, pen, ruler, duotang and geometry set.	

Nature and Cooperative Games		(Block B)
TERM 2		
Fee:	N/A (additional cost for field trips may be anticipated for this course)	
Objectives:	Students will learn to work together while playing cooperative games in our great outdoors. Students will learn to appreciate what nature has to offer- in the winter!	
Evaluation:	Students will be evaluated on class participation.	
Required Materials:	Please dress for the weather	

Foods – Snacks-to-Go		(Block A)
TERM 3		
Fee:	\$26.00	
Objectives:	Our lives are busy and the reality is that we often don't have time to eat except when we are on the go. During this class, students will learn how to make healthier food decisions when out and about and how to plan and prepare healthy to-go snacks and recipes.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	



PE Enrichment 8 – Golf and Baseball

(Block A)

TERM 3

Fee: Costs for field trips are anticipated for this course.
Objectives: This option is a mix of Baseball and golf! The introduction to Baseball, Fast Pitch and Slow Pitch will teach students the basics of each “style” of game. The introduction to Golf will teach the basics of the golf etiquette as well as alternative golf games (i.e., scramble and match play).
Evaluation: Students will be evaluated based on participation, quizzes and golf etiquette.
Required Materials: Golf clubs for field trips.
Evaluation: A rubric will be developed to evaluate students and assess completed projects.
Required Materials: Notebook and pencil.

Business – Environment

(Block A)

TERM 3

Fee: \$10.00 (plus any costs associated with the development of the business such as raw materials).
Objectives: Groups or individuals will create their own business! After developing a business plan, the company will go into action. This term will focus on the environment. Students must answer the question “How can we combat problems in our environment?” and indicate how their business will work to actively bring a change for the better.
Evaluation: Students will be evaluated on their participation in an Environmental Fair, explaining how their business has made a positive impact on the environment.
Required Materials: Notebook and pen.

Music- Solo/Small Ensemble Performance

(Block A)

TERM 3

Fee: n/a
Objectives: This class will provide the students with the opportunity to play solos or perform in small ensembles (duets, trios, quartets) with other students. Some music will be provided, and there will be opportunity to find additional pieces of interest to the groups. Students may choose to perform in the Spring concert in June.
Required Materials: Concert Band instrument

Shop – Beach Chairs

(Block A)

TERM 3

Fee: \$30.00
Objectives: Students will use mostly hand tools to change common types of wood into beach chairs. Safe handling, care and maintenance of tools will be taught. Woodworking is an Options course designed to give students the opportunity to build wooden projects. Students will have the opportunity to learn how to operate a number of power tools.
Evaluation: Students will be evaluated on the quality and completion of project work, safety tests and quizzes as well as class participation.
Required Materials: Pencil, pen, ruler, duotang and geometry set.



Business- Environmental Leadership		(Block B)
TERM 3		
Fee:	\$10.00 (additional cost for field trips may be anticipated for this course)	
Objectives:	Students will learn about the environment. More specifically, we will work towards developing a connection to nature, and learning about making sustainable choices and changes that can have a positive impact on our planet.	
Evaluation:	The assessment of student achievement will be based on participation.	
Required Materials:	Pencil, eraser,	
Foods – Food Decisions and Health		(Block B)
TERM 3		
Fee:	\$26.00	
Objectives:	Students learn about nutrients, what foods they are found in, and how foods affect future health. Students plan and prepare meals that focus on balancing nutritional requirements with personal preferences.	
Evaluation:	Evaluation is based on taste-tests of foods prepared, kitchen (sanitation, tool usage, personal behaviors, etc.) and group (collaborative skills) evaluation, and on some assignments.	
Required Materials:	Binder or duotang and pen (aprons and food storage/take-away containers optional).	
Performing Arts - Drama		(Block B)
TERM 3		
Fee:	N/A (additional cost for field trips may be anticipated for this course)	
Objectives:	Explorations in personal creativity and based on creative drama activities including games, movement, improvisation, tableaux and short skits. Students will be required to present multiple skits and participate in games dealing with improvisational skills. Please note that performance is a mandatory component of this course.	
Evaluation:	Students will be evaluated based on their participation in class activities as well as the development of their skills throughout the term.	
Required Materials:	Duotang and highlighter	
Shop – Rocket Building		(Block B)
TERM 3		
Fee:	\$31.00	
Objectives:	Using basic skills and balsa wood materials, students will construct a one-stage Rocket. Near the end of the course, students will be able to show off and “fire” their projects! This class is largely based around aerodynamics and the laws of physics.	
Evaluation:	Students will be assessed on the quality and completion of their project, quizzes and class participation.	
Required Materials:	pens, pencils, ruler, duotang, geometry set and shoe box	
Art – Art Through the Ages		(Block B)
TERM 3		
Fee:	\$15.75	
Objectives:	Students will learn about art through the ages from a variety of perspectives, including different time periods, different artists and different genres. They will then create their own artwork inspired by these varying perspectives.	
Evaluation:	The assessment of student achievement will be based on the demonstration of their understanding of the different types of art in the creation of their individual projects.	
Required Materials:	Pencil, eraser, ruler and pencil crayons (sketchbook will be provided).	