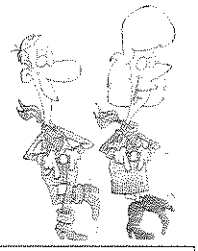

DANCES

Grade Five	Grade Six
Macarena Limbo Bird Dance – solo – group – chain Bunny Hop La Raspa – solo – partner – parachute Jingle Bells – parachute Witch Doctor – line dance Monster Mash – line dance Skhottische – skip around– back through Butterfly – arm swing – in and out the windows Warm-up dances ie. Cha cha line dance	Review – Macarena - Bird Dance - Bunny Hop - Butterfly NEW – Heel Toe Polka (partner) - Heel 'n Toe (circle) - Strip the Willow (line) - Virginia Reel (line) - German Polka (two bounce – beer barrel) - Cotton Eyed Joe (line) - Build your own line dance or add on line dance.
Grade Seven	**Grade Eight**
Review – Grade six dances Line Dances – Slap Leather and Cotton Eyed Joe Hip Hop Routine – Student Lead OR Add on Line Dance – Student Lead OR A new dance craze – Student Lead Partner Dances: Two Step – basic steps and turns Polka (country) – basic steps and turns Jive – Basic rock step - Under arm turns - Doubles turns	Review – Gr. 7 Line Dances and add faster music. Hip Hop Routine – Student Lead OR Add on Line Dance – Student Lead OR A new dance craze – Student Lead Partner Dances: Two Step basic steps, turns, and advanced moves. Polka (country) basic steps, turns, and advanced moves. Jive – Basic rock step - Octopus - Arm Slide